

YOU

can inspire everyone
at your school to
Connect for Respect

Be an **UPSTANDER** **1**

Show respect. Laughter encourages bullying. Tell a teacher or say, "Cut it out."

and take a stand

Be a **FRIEND** **2**

Connect with people who are left out or bullied. Kindness really helps. Ask how their day is going or invite them to sit with you at lunch.



AGAINST BULLYING

Can you think of other ways to stand up to bullying? Team up with your school's PTA and help your school *Connect for Respect*!

Learn more and get involved!
PTA.org/Bullying